

I Claim:

1. A cover assembly for a foldable sleeping mat, comprising:
 - (a) a mat case including top and bottom fabric panels having joined side edges and joined end edges, and said bottom panel defining a lateral opening for receiving the sleeping mat inside said mat case;
 - (b) a blanket attached to one end of said mat case, and having a free end adapted for covering a user lying on the sleeping mat; and
 - (c) means for releasably holding the free end of said blanket to said mat case with said blanket in a substantially spread out condition over the sleeping mat, whereby said blanket, mat case, and sleeping mat are folded together in overlying sections when storing the sleeping mat for later use.
2. A cover assembly according to claim 1, wherein said blanket holding means comprises at least one pocket located at the free end of said blanket, and designed for receiving a top portion of the sleeping mat therein to secure said blanket to the mat.
3. A cover assembly according to claim 1, wherein said blanket holding means comprises first and second pockets located at opposite corners of the free end of said blanket, and designed for receiving respective opposing mat corners at a head end of the sleeping mat to secure said blanket to the mat.

4. A cover assembly according to claim 1, wherein said lateral opening is defined by overlapping bottom panel sections cooperating to maintain coverage of said mat case over the sleeping mat at said opening.

5. A cover assembly according to claim 1, wherein said blanket has sufficient width and length to cover the top fabric panel of said mat case when spread.

6. A cover assembly according to claim 1, wherein said blanket is sewn along a bottom of said mat case from one side of said mat case to the other.

7. A cover assembly according to claim 1, wherein the length of said blanket is substantially equal to the length of said mat case.

8. A cover assembly for a foldable sleeping mat, comprising:

(a) a mat case including top and bottom fabric panels having joined side edges and joined end edges, and said bottom panel defining a lateral opening for receiving the sleeping mat inside said mat case, whereby said mat case entirely covers the sleeping mat from a foot end thereof to a head end thereof;

(b) a blanket attached to one end of said mat case, and having a free end

adapted for extending from the foot end of the sleeping mat to the head end of the sleeping mat; and

(c) first and second pockets located at opposite corners of the free end of said blanket, and adapted for receiving respective opposing mat corners at the head end of the sleeping mat to releasably hold the free end of said blanket to the sleeping mat, whereby said blanket, mat case, and sleeping mat are folded together in overlying sections when storing the sleeping mat for later use.

9. A cover assembly according to claim 8, wherein said lateral opening is defined by overlapping bottom panel sections cooperating to maintain coverage of said mat case over the sleeping mat at said opening.

10. In combination with a foldable sleeping mat, a fabric cover assembly comprising:

(a) a mat case including top and bottom fabric panels having joined side edges and joined end edges, and said bottom panel defining a lateral opening receiving said sleeping mat inside said mat case;

(b) a blanket attached to one end of said mat case, and having a free end adapted for covering a user lying on said sleeping mat; and

(c) means for releasably holding the free end of said blanket to said mat case with said blanket in a substantially spread out condition over said sleeping mat, whereby said blanket, mat case, and sleeping mat are folded together in overlying sections when

storing said sleeping mat for later use.

11. A cover assembly according to claim 10, wherein said blanket holding means comprises at least one pocket located at the free end of said blanket, and receiving a top portion of said sleeping mat therein to secure said blanket to said mat.

12. A combination according to claim 11, wherein said blanket holding means comprises first and second pockets located at opposite corners of the free end of said blanket, and adapted for receiving respective opposing mat corners at a head end of the sleeping mat to secure said blanket to said mat.

13. A combination according to claim 10, wherein said lateral opening comprises overlapping bottom panel sections cooperating to maintain coverage of said mat case over said sleeping mat at said opening.

14. A combination according to claim 10, wherein said blanket has sufficient width and length to cover the top fabric panel of said case when spread.

15. A combination according to claim 10, wherein said blanket is sewn along a bottom

of said mat case from one side of said mat case to the other.

16. A combination according to claim 10, wherein the length of said blanket is substantially equal to the length of said mat case.

17. A method of folding a sleeping mat, mat cover, and blanket together for storage, said method comprising the steps of:

(a) spreading a free end of the blanket over the mat cover from a foot end of the sleeping mat to a head end of the sleeping mat;

(b) tucking opposing mat corners at the head end of the sleeping mat into respective pockets located at a free end of the blanket; and

(c) folding the sleeping mat, mat cover, and blanket together in overlying sections with the mat cover and blanket secured to both the foot and head ends of the sleeping mat.